

5-Day Prayer Challenge

Holiday Edition

Day Five Challenge

Welcome to Day Five!

You made it! You survived the challenge that helps you to Survive the Holidays with Grace!

I hope you have found a lot of benefit from our study of prayer and the scriptures this week.

I have been very encouraged by the participation and enthusiasm of all of you.

Thank you for being here!

OK – so on to today’s lesson.

Today is where you frame prayer for your needs.

The lesson talks about the woman in Proverbs 31.

Your challenge for today is to choose ONE aspect of this woman, so only one or two verses, to use to write a prayer to God for help getting better in that aspect.

Well, that was a mouthful. Let’s see if I can show an example that explains what I mean.

Proverbs 31:11-12 says, “The heart of her husband trusts in her, and he will have no lack of gain. She does him good and not evil all the days of her life.”

I would use these two verses to write a prayer to seek help from God the Father to be a good wife to my husband in these ways.

My prayer would go something like this:

Dear God, Father in Heaven,

I humbly bring my marriage to you today. Help me to realize that I do not hold all the answers.

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My job is to make sure that my husband can trust me in all things. Help me to be trustworthy with his heart by guarding my own. The Beloved in Song of Solomon says that jealousy is as severe as death – help me to keep jealousy from coming between me and my man.

Help me to be trustworthy with our expenses. I get weary and weak with maintaining the bills. Hold me up to keep these well and not to overspend. I do not want to add extra stress on him because I have failed to be careful with the money he works so hard to bring home for us.

Help me to remember that how I use the money he earns shows how I see him and the work that he does. Let me never give the impression that I do not respect and appreciate all the effort he spends for me and the girls.

Make me the woman who always does good and never evil to him. Remind me of the good things in Your word when my mind wants to complain. Help me to carry Matthew 7:12 in my heart always, and treat him in the way I want him to treat me.

Thank you for protecting me. Thank you for giving me a man who is the arm of protection You created for me. Thank you for the father he is to our girls and for the man he is towards all others.

Thank you for all these blessings and for Your help to keep them close to my heart.

In Your Son's name I pray,

Amen.

OK – now I need to stop crying. I can't talk about my sweet man, even to God, without getting weepy. He's such a keeper.

Moving on. 😊

Did that help? I hope so. Now it is your turn.

Take one part of Proverbs 31:10-31- a part that is something you want God's help in – and write a prayer about it.

You could write about housekeeping, time management, raising children who respect their parents, finding ways to earn an income while managing the home, your marriage, finding opportunities to use your skills to help others, keeping

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kindness in your speech, being confident with who you are, learning to speak wisdom, etc.

You can make it specific to those areas as it pertains to preparing for the holiday season. Remember, the season, by its very nature, calls upon you to do more than you do the rest of the year. Ask God to help you in the areas wherein you are weak or easy for Satan to attack.

There are lots of options in this section of scripture.

You are praying for yourself, but you are using God's word to do so.

It's not selfish. It's seeking to be the woman God says you can be – after all He gave this example for you to learn from!

That's it!

This is your last challenge!

Take it and FLY through the holidays, and life, with the grace God offers.

Being diligent means effort.

Being faithful means action.

You can do this.

Prayer is your linchpin; your anchor to your relationship with God through Christ. You do not want to lose it. Practice it every day. Open God's word and seek to have obedient faith (Rom. 1:5; Rom. 16:26). Pray for help to live it, breathe it, and share it.

I look forward to hearing about the blessings that come to your life because you trusted your life to Him. I will enjoy hearing how you have taken those blessings and shown others how to access them as well.

Lord willing, until next time!

Enjoy!

Angela

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